

SOUTHEAST GEORGIA
HEALTHCARE PROFILES

Shirley Wilson, M.D., FACOG



Bradley Newton, M.D.



Jason Joseph, M.D.

COMPASSIONATE CARE MATTERS

Patient-centered care comes first at Southeast Georgia Health System, where expert providers are passionate about whole women's health.

From puberty to expanding the family to menopause, Southeast Georgia Physician Associates' caring obstetricians and gynecologists deliver comprehensive women's health

services backed by patient-centered care.

"As physicians, we take pride in understanding the health care needs of our community and connecting with our patients on a personal level," says Shirley Wilson, M.D., FACOG, board-certified

obstetrician and gynecologist. "We listen to every patient's needs and focus on providing knowledgeable guidance that helps them enjoy maximum health throughout their lives."

With locations at the Southeast Georgia Health

System Brunswick and Camden campuses, the Southeast Georgia Physician Associates-Obstetrics & Gynecology providers offer a broad range of services for every stage of a woman's life. From annual well-woman visits to managing high-risk pregnancies, skilled providers ensure patients not only understand their care and treatment options, but are also included in the decision-making process.

"We are committed to patient-centered care and feel the best medical decisions are made by a patient and their medical

informed health care choices based on their values and goals.

"A strong patient-provider relationship starts with the physician thoroughly understanding their patient's medical history and listening compassionately to their concerns," says Jason Joseph, M.D., obstetrician and gynecologist at the Brunswick Campus.

The providers offer evidence-based treatment options and guidance that help patients live healthier lives. "We share our expertise, but ultimately, we want patients to feel empowered in making decisions that are right for them," Dr. Newton says.

Comprehensive Services

Women's health includes a wide range of specialties and focus areas beyond preventative care, family planning, and childbirth. Should women need treatment for various gynecological conditions and diseases, the Southeast Georgia Physician Associates-Obstetrics & Gynecology doctors have the expertise to perform specialty procedures and surgeries.

Many of the Brunswick Campus providers specialize in da Vinci® robotic-assisted surgery which allows surgeons to perform single-site hysterectomies, resulting in fewer complications, less blood loss, smaller incisions, and shorter hospital stays for patients. The doctors can also treat cervical and endometrial cancer, heavy uterine bleeding, endometriosis, and more using this advanced technology.

"Techniques such as endometrial ablation and robotic surgery let us offer minimally invasive approaches to more patients for a wider variety of gynecologic conditions," Dr. Wilson explains. "The evidence is clear that, when appropriate, minimally invasive surgery is better and safer for patients."

"These procedures replace surgical incisions, simplifying the procedure and allowing for shorter operative and healing times," adds Dr. Joseph.

As pelvic and urinary tract surgical experts, the doctors also specialize in minimally invasive hysterectomies and treatments for abnormal bleeding, uterine fibroids, infertility, and more.

Baby, Baby

When it comes to maternal care, the Health System's maternity care centers ensure expectant mothers are cared for in a safe, comforting environment. "Our hospitals offer the same quality of care as a larger hospital, but with a more personalized experience," explains Dr. Wilson. "We make every patient as comfortable as possible. That includes providing private, relaxing rooms where families can labor, deliver, and bond with their child. I truly love that approach and the amazing impact it has on patients."

"One of the most rewarding aspects of our field is the joy of providing care during pregnancy and delivering a baby," Dr. Newton adds. "It's such a privilege to get to know my patients and their families during those life-changing moments, and I

love playing a part in helping them welcome a new child."

Southeast Georgia Physician Associates-Obstetrics & Gynecology on the Camden Campus also has three midwives on staff who are qualified to care for women throughout every stage of their pregnancies, including managing labor and overseeing delivery. Midwives are all registered nurses who have completed a master's degree in nursing and are nationally certified in nurse-midwifery.

Passionate Providers

With a patient-centered philosophy, every provider at Southeast Georgia Physician Associates-Obstetrics & Gynecology maintains a steady commitment to helping women achieve total health—in mind, body, and spirit.

"Women are smart and strong," says Dr. Joseph. "Our specialty allows us to create unique bonds with women and their families and to provide the same level of care, expertise, and kindness we would want shown to our own mothers, sisters, and daughters."

Southeast Georgia Physician Associates-Obstetrics & Gynecology

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**SOUTHEAST GEORGIA
PHYSICIAN ASSOCIATES**

To learn more about Southeast Georgia Physician Associates-Obstetrics & Gynecology, visit sghs.org/obgyn, or to find a physician, call **855-ASK-SGHS (855-275-7447)**.