

Healing hearts for healthier futures



Meet Heidi, a mom who shares the importance of her health care journey with her daughters while taking steps to beat heart disease with the help of UC Davis Health.

Heidi became a patient of our pioneering women's cardiovascular program — considered the nation's first — when other cardiologists couldn't find answers for her prolonged chest pain. After connecting with program director and national women's heart expert Dr. Amparo Villablanca, tests revealed Heidi had microvascular disease — a condition more common in women, and harder to detect with standard initial assessments.

Today, Heidi's condition is controlled thanks to Villablanca's combination of innovative care, research and patient education. With UC Davis Health by her side, Heidi educates her daughters on the importance of putting their heart health first.

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